



# Spot Light: Our Kids Newsletter



Spectrios Institute for Low Vision

2010, Vol. 2

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• [www.spectrios.org](http://www.spectrios.org)

## GETTING READY FOR THE NEW SCHOOL YEAR!

It's time to get ready for school. Have you had your eyes checked? Have you found all of your special school stuff? Do you remember where you put your magnifiers and monocular telescopes?

Here are some helpful hints for taking care of these special items:

- Magnifiers – Do you have one that uses batteries? If so, make sure you have new batteries for the school year. Find that special cleaning cloth and make sure the lens is clean.
- Telescopes – Make sure your telescope works. Use that special cleaning cloth to clean both lenses.

Remember if you are going to a new school, have you met your new vision teacher? Have you had to opportunity to explore the new school and learned where your classroom is and the other important places in the school?

## DOCTORS Q & A:

**Q.** Why do I need to have my glasses adjusted once every three to four months (especially if I'm a kid)?

Dr. Jordan's response:

**A.** First it's important to get new glasses adjusted once you receive them. Fit and comfort are at the top of the list, but the position of the glasses on the face is a very important part of the eyeglass prescription. With higher prescriptions the actual power in relation to the eye actually changes as they get closer or farther from the eye. That is why some people constantly push their glasses close to their eye and others almost have them falling off their nose.



Now, why readjust every three to four months? Have you ever given your child a twist-tie or a paper clip? (Pick something similar, if you like) What are your chances of getting them back in the same condition ten minutes later? Fast forward to the child who has received a pair of eyeglasses and the glasses are very unlikely to be in the best shape 3 months later. Think back to what they have done in the course of just a few days. Wrestled with a sibling, pet or even parent--bent a little; bumped into someone in the hall at school--oops, bent a little more; time for gym or recess--hit by a ball. Just a few events

that can occur several times or more over a 3 month period (who knows your child more than you!) can drastically change the fit of the glasses.

Accidents happen and your child may be the special person who needs their glasses worked on more often.

Now add in the routine wear anyone's glasses incur due to putting the glasses on and removing them at least once or twice a day and combine it with body heat to soften plastic... Now you can see why it is so very important to go get them adjusted. Make it a family affair!

## NEXT ISSUE ...

How to know if your glasses fit correctly!

## OUR NEW VAN!



This has been an exciting spring for Dr. Jordan, Dr. Williams and our outreach programs! With the commitment of our board of directors, we have finally purchased a 2007 Chevy Uplander van!

This is a blessing for our doctors as they travel for our children's program "Seeing Is Believing" and our adult outreach programs transporting all of the equipment and supplies they need to hold a successful clinic.

We've raised \$5,000 toward the \$12,000 price of the van and are still raising funds to pay it off. If you would like to help us pay off the van, please send your contribution to:

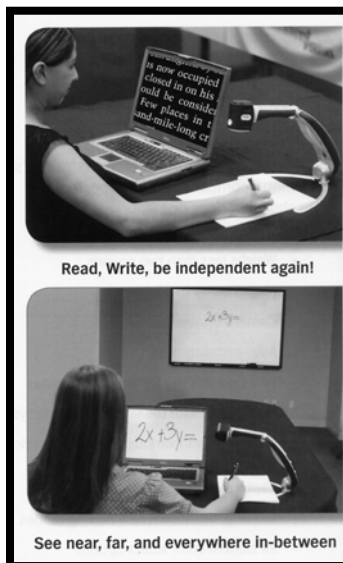
Spectrios Institute – "SIB Van"  
219 E. Cole Ave., Wheaton, IL 60187.

Don't forget, you can also make your donation on-line via our website.

Go to [www.spectrios.org](http://www.spectrios.org) and click on the **Donate Now Button**. Please indicate your donation is for the van.

## TECHNOLOGY

Our September Technology Open House will have two brand new items to share with everyone. Come see the "transformer" and the "Pearl" CCTV's systems.



The "transformer", by enhanced Vision weighs less than 2 pounds with USB connectivity for laptop/ computer. It has reading, distance and self viewing modes.

See **"Coming Events"** for exact dates!

## CHICAGO WHITE SOX CHARITIES AWARD



Once again the Chicago White Sox Charities presented Spectrios Institute for Low Vision with a check for \$15,000 to be used for our children's program, "Seeing Is Believing." It was presented at their annual recognition ceremony held on the field prior to the game on May 3<sup>rd</sup>. The Chicago White Sox, because of their concern for the children of Chicago, have been longtime supporters of Spectrios Institute for Low Vision.



## GIFTS FOR YOUR CHILD

All of you have attended one of our special "Seeing Is Believing" student low vision clinics either as a student, a parent or teacher. Many of the students have received glasses, sunwear, magnifiers and monocular telescopes to help them at their work in school and at home. Have you ever wondered how we are able to provide you with all of these tools?

Spectrios Institute is constantly soliciting grants from foundations and gifts from very special donors to help cover the costs of all of these devices. Over 88.75% of the funds necessary to provide this program come from foundations. The exam and all of the tools each student receives are valued at \$800 to \$1,000.

You can help make sure that we can continue to provide this program for your child and other children by making a donation to Spectrios Institute's "Seeing Is Believing" program. Helping us reach 100% of the necessary funds to continue this important program by making a donation of any size.

Go to [www.spectrios.org](http://www.spectrios.org) and click on the **Donate Now Button**. Please indicate your donation is for the S.I.B. children's program. Or mail your donation to Spectrios Institute – SIB Program, 219 E. Cole Ave., Wheaton, IL 60187

## AGAIN AT SPECTRIOS!

Our pediatric/transition comprehensive low vision program is open to all children with low vision ages 4 thru 21. The cost for the comprehensive low vision program varies according to each individual's needs; their ability to drive, are contact lenses appropriate for them, what types of technology they should consider as they prepare for high school or college and/or the work world. Call to schedule your appointment 630-690-7115. Just say it's for a pediatric appointment.

These special programs will be scheduled at Spectrios Institute for Low Vision at Deicke House in Wheaton. See "**Coming Events**" for exact dates!

## **COMING EVENTS**

### **Technology Open House Events:**

Open to all students, their parents, and teachers. Come learn more about the latest technology that can help you at school, work and home.

Please call to **register** and get directions for all Open House events, 630-690-7115. Ask for Leah.

- **September 11, 2010** – Open House! From 10 a.m. to 2 p.m. Special presentations on the new "Transformer" and "Pearl"! Please call to let us know if you are coming – 630-690-7115! We want to make sure that everyone can see all of our new pieces of technology.
- **December 4, 2010** – Open House! From 10 a.m. to 2 p.m.

### **Pediatric Clinic Dates:**

Remember an appointment is necessary! Call at least three weeks in advance to make an appointment.

- **September 27, 2010** – Appointments will last approximately 1 ½ to 2 hours in length.
- **October 28, 2010** – Appointments will last approximately 1 ½ to 2 hours in length.
- **November 11, 2010** – Appointments will last approximately 1 ½ to 2 hours in length.

- **December 9, 2010** – Appointments will last approximately 1 ½ to 2 hours in length.

Call to schedule your appointment 630-690-7115. Just say it's for a pediatric appointment.

## **WEB SITES TO CHECK OUT!**

Two fun web sites for students are:

1. Dance Mat Typing – A fun program to improve your typing and keyboard skills
2. Linerider.com – A web program to have fun drawing and improve your hand-eye coordination.

## **NEWSLETTER BY EMAIL**

If you would like to receive future issues of the "Spotlight" newsletter by email, just email [lef313@spectrios.org](mailto:lef313@spectrios.org) and put "**Spotlight Newsletter**" in the subject line. Please supply your full name, your age, the town you live and your email address. The next issue will be published in January.

